



**Minutes – Regular Meeting
Tuesday, October 20, 2015**

Pleasant Valley Recreation and Parks District
1605 E. Burnley Street, Room 1
Camarillo, CA 93010

1. **CALL TO ORDER:** The regular meeting of the Camarillo Council on Aging was called to order by Chair Lynn Jones at 3:08 pm.

2. **ROLL CALL**

Marlynn Block – Member -Absent
Jay Evans, Secretary – Present
Lynn Jones, Chair –Present
Arlene Miro, Vice Chair – Present
Karen Swisher – Treasurer – Present

3. **PLEDGE** – Jay Evans led the pledge.

4. **AMENDMENTS TO THE AGENDA** – None

5. **PUBLIC COMMENTS** –

Vanise Terry, from Supervisor Parks' office and Ashley Humes from Supervisor Long's office thanked CCOA for being a sponsor for Senior Summit scheduled for November 14, 2015 at CSUCI. They reviewed the schedule for the day, free transportation options and details for the Summit.

Diana Goodrow was unable to attend meeting and make presentation regarding Hannah Beth Jackson's Working Group on Aging and Older Adults.

6. **CONSENT CALENDAR**

- Council Member Miro moved that the September 20, 2015 minutes be approved with the Treasurer's Report received and filed as submitted.
- Council Member Swisher seconded the motion
- Aye: Evans, Jones, Miro, Swisher Absent: Block

7. **VERBAL LIASON REPORT**

A. CAMARILLO HEALTH CARE DISTRICT

Lynn Jones reviewed the schedule of classes and programs listed in Healthy Attitudes high lighting Chronic Pain class, Tools for Caregiving event and HICAP presentation for Medicare open enrollment.

B. CITY OF CAMARILLO

Jeffrie Madland reported continuing to follow-up with Access for the check for the donation from the Shred Event.

C. PLEASANT VALLEY RECREATION AND PARK DISTRICT

Jane Raab on the hosting of the Fall Prevention Forum, bus trip to Laughlin, NV, congregate meal for 75, Wi Bowling Tournament for 15 teams and annual rummage sale. Events planned include: HICAP presentation for Medicare open enrollment, Halloween dance, flu shot clinic in conjunction with St John-Pleasant Valley, Christmas parade, tech faire on 12/28 and New Year celebration on 12/29.

In response to questions from CCOA regarding assessment of the Senior Center, Jane reported that there is a line item in the Administration budget for \$25,000 for architectural renderings. Planning is underway for town hall meetings to gather input from the community regarding the Senior Center programs and facilities. The meetings will be after the first of the year and be a part of a needs assessment process.

D. VENTURA COUNTY AREA AGENCY ON AGING

Jay Evans reported that the Senior Nutrition Committee has been working on updating the funding formula used to allocate funds to the providers of congregate meals and distributed meals. Advisory Board will act on recommendation at November meeting.

8. OLD BUSINESS

A. Transportation Panel Presentation

Jay Evans provided a status on plans for the January 28, 2016 presentation. Letters had been sent to individuals at the five organizations participating on the panel, a draft flyer has been prepared and work is underway on the utility bill insert. Jane Raab initiated discussion regarding an ad in the Activities Guide. With appreciation, CCOA accepted the recommended location and size for an ad. Jeffrie and Jane will communicate regarding the content.

Jay reported that the proposal from Commander Printing was the most cost effective and asked for a motion to select Commander Printing to print the utility bill insert.

- Council Member Jones moved that Commander Printing be selected to print utility bill inserts.
- Council Member Swisher seconded the motion
- Aye: Evans, Jones, Miro, Swisher Absent: Block

B. Resource Guide Update – Detail report to be provided at next meeting.

C. Discus funding a senior holiday program which would provide a small care packages to homebound seniors.

Lynn Jones clarified that the homebound senior were those receiving distributed meals through CHCD. The number is approximately 120. Board members will seek donations of items to be included in gift bag. To facilitate the planning approval was sought for up to \$500.00 for gift bags, labels and items.

- Council Member Evans moved that funding up to \$500.00 be approved for gift bags for homebound seniors.
- Council Member Miro seconded the motion
- Aye: Evans, Jones Miro, Swisher Absent: Block

9. NEW BUSINESS

A. Sponsorship of Senior Summit

Member Evans reported that because of deadline for inclusion as a sponsor including logo on website, promotional materials and program he consulted with Chair Jones and committed CCOA as sponsor. Action is needed to affirm the action taken and \$500.00 paid to be a sponsor for Senior Summit.

- Council Member Jones moved that the action taken and the payment of \$500.00 be affirmed.
- Council Member Miro seconded the motion
- Aye: Evans, Jones Miro, Swisher Absent: Block

B. Discuss Ad-Hoc Committee Assignments – Postponed to the next meeting

10. AD HOC COMMITTEE REPORTS

- A. Community Needs Assessment – No update.**
- B. Community Volunteers – No update**
- C. Education Forums – See Item 8 A.**
- D. Advisory Council -- No update.**

11. BOARD COMMENTS

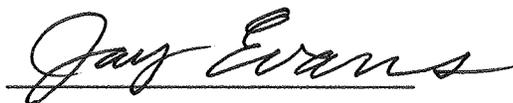
Member Miro distributed an article regarding brain health for members' information and future consideration for educational program.

12. ADJOURNMENT

There being no further business, Chair Lynn Jones adjourned the meeting at 4:50 pm

The next meeting will be November 17, 2015.

Respectfully submitted,



Jay Evans, Secretary