



Camarillo Health Care District,
3639 E Las Posas Road, H-Classroom, Camarillo, CA 93010

Minutes
Tuesday, March 18, 2014 – 12:00 p.m.

1. The meeting of the Camarillo Council on Aging was called to order at 12:01 p.m., on March 18, 2014.
2. **ROLL CALL**
TODD TERRES, Chair – Present
VAL RAINS, Vice Chair – Present
KAREN VALENTINE, Secretary – Present
RENEE HIGGINS, Member – Present – left at 1:05 p.m.
KAREN KING, Member – Present
3. **PLEDGE OF ALLEGIANCE** – Karen Valentine
4. **AMENDMENTS TO THE AGENDA** – It was decided to conduct the interviews as soon as the candidates arrive in order to accommodate Council Members needing to leave at 1:00 p.m.
5. **APPROVAL OF MINUTES** of the February 18, 2014 Regular Meeting
 - Council Member Val Rains moves to approve the February 18, 2014 Minutes
 - Council Member Karen Valentine seconds the motion
 - All in favor, no dissents
6. **TREASURER'S REPORT**
 - Beginning Balance \$12,266.93
 - Earnings \$.47
 - Expenses \$.00
 - Ending Balance \$12,267.40
 - Council accepts Treasurer's report
7. **OPEN COMMUNICATIONS/PUBLIC FORUM** –
 - Council Member Val Rains reported she attended a workshop sponsored by Dignity Health on Dementia and Alzheimer's.
 - Council Member Val Rains reported there will be future workshops at the library throughout the year.

8. LIAISON REPORTS

A. CAMARILLO HEALTH CARE DISTRICT (CHCD) – Karen Valentine

- Sharon Mitchell will be retiring
- Aging in America Conference – CHCD was a featured presenter
- Basic Life Support / First Aid Courses
- Chronic Pain Self-Management Program – May 19 – June 23, 2014
- COPD – May 21, 2014
- Soft an Deep Tissue Release Therapist
- Sugar Detox – April 24 – May 22, 2014
- Club Camarillo – going to double the size, and bring in new services
- Council Member Val Rains recommended that the Council write letter of appreciation for Sharon Mitchell.

B. PLEASANT VALLEY RECREATION AND PARK DISTRICT (PVRPD) – Amy Stewart

- Monthly lunch sponsored by Home helpers – 65 seniors served
- Getty Villa – April 17, 2014
- Identity Theft Protection Seminar – March 20, 2014
- Memory Loss Seminar – April 10, 2014
- Fundraiser held at Applebees – raised \$700 (\$10 tickets - \$5 to PVRPD \$5 to Applebees – buffet breakfast)
- Spring Fling Dance – April 8, 2014
- Rummage Sale – April 26, 2014 – (raises \$1,900)
- Farmers Market – opening day is May 21, 2014: 3:00 p.m. – 7:00 p.m.

C. VENTURA COUNTY AREA AGENCY ON AGING (VCAAA) – Karen King

- The VCAAA Housing and Transportation Committee met in February and recommended that each Council on Aging adopt and encourage the County to incorporate the Universal Design concepts and guidelines that Simi Valley's uses when building Senior housing into Ventura County plans. Design guidelines and parameters will be placed on the April 15, 2014, regular meeting agenda.
- New Committee formed at VCAAA is the Optimal Aging Committee.

10. NEW BUSINESS was moved before OLD BUSINESS in order to accommodate those Council Members that need to leave at 1:00 p.m.

A. VENTURA COUNTY AREA AGENCY ON AGING CANDIDATES –

Council Chair, Todd Terres informed the candidate, Patricia Douglass, that each Council Member would ask a question and a decision would not be made today since more interviews will be scheduled at the April meeting. The Council Members conducted the interview with Patricia Douglass. After the interview, Council Chair, Todd Terres informed the Ms. Douglass that the Council on Aging also will have three openings on the CCOA Board, and encouraged her to apply.

9. OLD BUSINESS

A. SENIOR RESOURCE GUIDE

- Amy Stewart, PVRPD, presented two drafts of the guide to the Camarillo Council on Aging. PVRPD researched 15 printers and presented quotes to the Council Members. Based on price and quantity, Ms. Stewart recommended KC Printing.
- The Senior Resource Guide will go to the printer by April 8, 2014 and be ready for delivery by April 30, 2014.
- For the back page, the picture with the City of Camarillo seal will be used.
- Jeffrie Madland made suggestions to the How to Use This Guide section and will provide more calendar items to Amy Stewart.
- Due to timing issues, Council Chair, Todd Terres, made appointments to two committees:
 - Bid Committee: Council Members Val Rains and Todd Terres
 - Proof Committee: Council Members Karen Valentine and Renee Higgins

B. 50 PLUS EXPO PLANNING

- Council Chair Todd Terres and Council Member Val Rains will staff the CCoA Expo table.
- There was discussion regarding what items would be on the table.
- Val Rains requested that Renee Higgins come up with some ideas for the table and that the finalization of the CCoA table be added to the April 15, 2014 regular meeting agenda.
- Amy Stewart advised the Council of additional advertising in the City Scene, the Marquee, and that text was distributed to Happenings Magazine. Council Member Val Rains requested that the CCoA also be listed as co-sponsors of the event in the additional advertisements.

11. BOARD CHAIR'S REPORT - None

12. ADJOURNMENT

- Council Member Val Rains moved to adjourn the meeting at 1:11 p.m.
- Council Member Karen Valentine seconded the motion
- All in favor, no dissents

Respectfully submitted,



Karen Valentine
Secretary
Camarillo Council on Aging