



Camarillo Health Care District,
3639 E Las Posas Road, H Classroom, Camarillo, CA 93010

Minutes
Tuesday, January 21, 2014 – 12:00 p.m.

1. The meeting of the Camarillo Council on Aging was called to order at 12:01 p.m., on January 21, 2014.
2. **ROLL CALL**

TODD TERRES, Chair – Present
VAL RAINS, Vice Chair – Present
KAREN VALENTINE, Secretary – Present
RENEE HIGGINS, Member – Present
KAREN KING, Member – Present
3. **PLEDGE OF ALLEGIANCE** – Amy Stewart, PVRPD
4. **AMENDMENTS TO THE AGENDA** - None
5. **APPROVAL OF MINUTES** of the November 19, 2013 Regular Meeting
 - Council Member Karen Valentine moves to approve the November 19, 2013 Minutes
 - Council Member Val Rains seconds the motion
 - All in favor, no dissents
6. **APPROVAL OF MINUTES** of the December 4, 2013 Special Meeting
 - Council Member Val Rains moves to approve the December 4, 2013 Minutes
 - Council Member Renee Higgins seconds the motion
 - All in favor, no dissents
7. **TREASURER'S REPORT**
 - Beginning Balance \$12,265.38
 - Earnings \$1.03
 - Expenses \$0
 - Ending Balance \$12,266.41

 - Council accepts Treasurer's report

8. **OPEN COMMUNICATIONS/PUBLIC FORUM - The Camarillo Council on Aging, Executive Board, will hear from the public on any item of interest that is not on the agenda. The Executive Board cannot take action on any item not scheduled on the agenda. These items may be referred for administrative action or scheduled on a future agenda.**
None.

9. **LIAISON REPORTS**

A. **CAMARILLO HEALTH CARE DISTRICT (CHCD) – Karen Valentine**

- New Healthy Attitudes has been distributed
- Chef AJ – more than 80 people attended – CHCD will offer the class again in the spring.
- Chief Operations Officer, Kara Ralston has been appointed, by Governor Jerry Brown, to the California Health Professions Education Foundation Board of Trustees.
- Adult Day Services Manager, Mary Ann Ratto has been appointed to the Board of Directors for the California Association for Adult Day Services.
- Produce Day is the second Thursday of the Month, last month 275 people participated.
- AARP Taxes – tax assistance for seniors will be held at the Camarillo Health Care District every Wednesday from February 5 – April 16.
- Social Security – Think It Doesn't Matter?
- Veteran Benefit Presentation – March 12, 2014
- The Doctor's In – Urology Issues - January 29, 2014
- Through the Senior Support Line, the Friendship Connection support group, has been very successful.
- CEO, Jane Rozanski, and Commissioner on the California Commission on Aging (CCoA), was in Sacramento last week for a CCoA Meeting. The CCoA has formed a Coalition with the Elder Justice Coalition. Ventura County was the first County in California to have an Elder Abuse Court. The Court focuses strictly on Senior Issues. Council Member Val Rains and one other Council Member will, in the future, attend elder Abuse Court and report back to the group.

B. **PLEASANT VALLEY RECREATION AND PARK DISTRICT (PVRPD) – Jane Raab**

- Holiday Dance – was a huge success
- AARP Taxes – tax assistance for seniors will be held at PVRPD Mondays February 3 – April 14.
- Tech Fair to assist with computers, tablets, watch, cameras, cell phones, printers, etc.
- County-wide Bridge Tournament (ACBL sanctioned tournament) 120 participants
- Contracted with new Ukulele instructor – very popular class
- Legal Information for Life presentation
- Fall Prevention, free seminar, February 20, 2014
- Dating Relationship classes
- Rummage Sale – April 26, 2014

- The January lunch and movie was sponsored by Care Home Solutions and Chester's Chinese food, still well attended. In February, Emeritus will sponsor the lunch and movie.
- Valentine's Dance in February

C. VENTURA COUNTY AREA AGENCY ON AGING (VCAAA) – Luis Espinosa

- VCAAA met January 8, 2014, decided to consolidate all committee reports to a consent item on their agenda.
- The Bylaws Committee is working toward more transparency within the organization.
- Nominating Committee
- Added quarterly reports regarding expenditures to service providers
- Provided updated list of meeting dates and committee members, noted that the information is available on the website.
- Luis will provide the VCAAA report to the Camarillo Council on Aging and to the City.

There was discussion regarding applications for VCAAA board vacancies. The applications are due by January 31, 2014. The applications that are submitted to the City of Camarillo will be presented to the Camarillo Council on Aging for their recommendations. Recommendations from the Council will be presented to the City by the end of March.

Council Member Renee Higgins introduced guest Bob Rust, Board Member of the Pleasant Valley School District and Board Member of the Pleasant Valley Historical Society to the Council Members. Council Member Higgins is also a Board Member of the Pleasant Valley Historical Society.

10. OLD BUSINESS

A. REVIEW UPDATED SENIOR RESOURCE GUIDE (INCLUDES CHANGES FROM JEFFRIE MADLAND) – Todd Terres

Chair, Todd Terres wants an addition to the first page that states the Camarillo Council Members are elected. The proposed additions included "they are elected by the senior population." Or "seniors elect this Council".

It was also decided that a "Government Agencies" section will be added to the Guide.

Chair, Todd Terres will get quotes for page layout and printing.

B. REVIEW UPDATED GRANT PROGRAM REQUEST FUNDING APPLICATION – Val Rains –

- Council Member Val Rains moved to accept the Grant form with the amendments to address, enter July 1, and remove "\$" sign.
- Council Member Karen Valentine seconded the motion
- All in favor, no dissents

11. NEW BUSINESS

A. DISCUSS THE CONTENTS OF THE CCOA ANNUAL REPORT TO THE CITY (DUE JANUARY 31, 2014)

Council Member Val Rains has submitted input to Chair, Todd Terres. Chair, Todd Terres requested all input be submitted to him by Friday, January 24, 2014.

B. DISCUSS MOVING BANK ACCOUNT TO ALLY BANK IN ORDER TO EARN MORE INTEREST

- Council Member Karen Valentine moved to move bank account and transfer funds to Ally Bank.
- Council Member Renee Higgins seconded the motion
- All in favor, no dissents

C. DISCUSS SPONSORSHIP OF MARCH SENIOR MEAL HELD AT PLEASANT VALLEY RECREATION AND PARK DISTRICT

There was discussion regarding the grant process versus sponsorships. The By-laws Committee will clarify the difference for the future. The Pleasant Valley Recreation and Park District has already found a sponsor for the March lunch and movie. PVRPD will fill out a grant application for a future date.

D. CONSIDERATION OF INCLUDING INFORMATION ON AGENDA ITEMS WITH AGENDA

It was decided that backup will be included in future agendas. Anyone providing an agenda item to Secretary Karen Valentine will also provide the back-up for that item to be distributed with the agenda.

E. COMMITTEE ASSIGNMENTS

By-law Committee: Council Member Karen King and Council Member Val Rains
Expo Committee: Council Chair Todd Terres and Council Member Karen Valentine (The meeting date for the Expo Committee will be Friday, January 24 at 9:00 a.m.. Chair Todd Terres will attend the meeting.)

F. ELECTION OF OFFICERS

- Council Member Val Rains moved that Council Member Karen King serve as Treasurer
- Council Member Renee Higgins seconded the motion
- All in favor, no dissents

12. BOARD PRESIDENT'S REPORT

There was discussion regarding the Senior Expo MOU and decision making in the future including members from CCOA.

The next meeting will be held on February 18, 2014 at 12:00 p.m. at the Pleasant Valley Community Center. Chair, Todd Terres stated that all meetings will be held at noon. There was further discussion regarding holding the CCOA meetings at different locations

throughout the year and it was pointed out that the 12:00 p.m. meeting time might be inconvenient for those at other locations since it is lunch time.

13. ADJOURNMENT

- Council Member Val Rains moved to adjourn the meeting
- Council Member Renee Higgins seconded the motion
- All in favor, no dissents

Respectfully submitted,



Karen Valentine

Secretary

Camarillo Council on Aging