



**ATRIA LAS POSAS**

24 Las Posas Road, Camarillo, CA 93010

Tuesday, September 17, 2013 – 9:00 a.m.

**Minutes**

**Tuesday, September 17, 2013**

1. The meeting of the Camarillo Council on Aging was called to order at **9:00 a.m.**, on September 17, 2013.

2. **Roll Call**

LUIS ESPINOSA, Chair - Present

VAL RAINS, Vice Chair - Present

TODD TERRES, Treasurer - Present

KAREN VALENTINE, Secretary - Present

RENEE HIGGINS, Member – Absent

Pledge – Luis Espinosa

Welcome and Introductions – Todd Terres

3. **Amendments to the Agenda** – added flag salute

4. **OPEN COMMUNICATIONS/PUBLIC FORUM** - The following topics were brought up by audience members:

- Need for additional transportation
- Speeding on Las Posas

5. **Approval of Minutes** of the August 20, 2013 Meeting

- Council Member Val Rains moves to approve the August 20, 2013 Minutes;
- Council Member Todd Terres seconds the motion
- All in favor, no dissents

6. **Treasurer's Report** – Todd Terres

- Beginning Balance \$12,321.59
- Earnings \$0.50
- Expenses \$57.75
- Ending Balance \$12,264.34

7. **Discussion Items** - None

## 8. Liaison reports

- A. Camarillo Health Care District (CHCD) – by Karen Valentine**
- UCLA Memory Training Class will be offered in October
  - Upcoming class about Obsessive Compulsive Disorder Management and Treatment presented by UCLA speaker Karron Maidment.
  - Open House Thursday, October 10, 2013 from 10:00 a.m. – 2:00 p.m. (coincides with congregate meal and free produce day)
- B. Pleasant Valley Recreation And Park District (PVRPD) – by Luis Espinosa**
- The Military Veterans Expo was big success
  - Seminar regarding how to maximize your Social Security payments on Tuesday, September 24<sup>th</sup> at the Senior Center at 10:00 a.m.
  - Lunch and Movie will be held on Thursday, October 3<sup>rd</sup> at the Senior Center and sponsored by Los Robles Home Care at 12:00 p.m.
  - Wii Bowling Tournament Thursday, October 10<sup>th</sup>
- C. Ventura County Area Agency On Aging (VCAAA) – Karen King**
- The Senior Summit will be held on November 2<sup>nd</sup> at Cal State Channel Islands
  - VCAAA received a 3<sup>rd</sup> place award for the Life Program and received \$1,000 for the award. \$500 of the award was donated to support the Senior Center
  - VCAAA will meet again on November 13<sup>th</sup>

## 9. Old Business

- A. Senior Resource Guide Update**  
By consensus, it was agreed upon that a special meeting will be held to complete the Senior Resource Guide. Council Chair, Luis Espinosa, will contact the Council Members with the time and date of the Special Meeting.
- B. Community Outreach Update**  
Luis Espinosa reported on current outreach efforts which include different meeting locations for the Camarillo Commission on Aging meetings and sponsorship of Senior Expos at Leisure Village and Senior Center.
- Council Member Val Rains suggested that the Council Members leave their names and phone numbers to take calls on senior concerns to be addressed at future meetings.
- C. PVRPD MOU Update**  
Council Member Val Rains provided an update on the MOU. Council Chair Luis Espinosa has met with the City Clerk and the next step is to meet with the Pleasant Valley Recreation and Parks District to get the MOU finalized and approved by their Board of Directors.

**D. Committee Assignments**

It was **MOVED** by Council Chair Luis Espinosa to table this discussion to the Special Meeting, date to be determined, the **MOTION PASSED**.

**E. Grant Program Update**

Council Member Val Rains, provided the law for the Council Members' review regarding issuing grants that will require review of the application form because the application form does not meet the interpretation of the law.

**10. New Business**

**A. New Stop for City Bus Route**

Council Member Val Rains would like permission to talk to Mr. Roc Pulido, City Transportation Department, about adding a stop to the route one block past the Library on Las Posas, near the hospital and Camarillo Health Care District. Council Member Val Rains will also bring up the transportation issues brought to the attention of the council by the members of the audience.

**11. Adjournment** – Council Member Val Rains moved for adjournment, seconded by Council Member Todd Terres, passed unanimously at 9:40 a.m.

Respectfully submitted,



Karen Valentine

Secretary

Camarillo Council on Aging